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# TOWARD A THEORY OF REVOLUTION \*

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Revolutions are most likely to occur when a prolonged period of objective economic and social development is followed by a short period of sharp reversal. People then subjectively fear that ground gained with great effort will be quite lost; their mood becomes revolutionary. The evidence from Dorr's Rebellion, the Russian Revolution, and the Egyptian Revolution supports this notion; tentatively, so do data on other civil disturbances. Various statistics as on rural uprisings, industrial strikes, unemployment, and cost of living—may serve as crude indexes of popular mood. More useful, though less easy to obtain, are direct questions in cross-sectional interviews. The goal of predicting revolution is conceived but not yet born or matured.

N exhorting proletarians of all nations to unite in revolution, because they had nothing to lose but their chains. Marx and Engels most succinctly presented that theory of revolution which is recognized as their brain child. But this most famed thesis, that progressive degradation of the industrial working class would finally reach the point of despair and inevitable revolt, is not the only one that Marx fathered. In at least one essay he gave life to a quite antithetical idea. He described, as a precondition of widespread unrest, not progressive degradation of the proletariat but rather an improvement in workers' economic condition which did not keep pace with the growing welfare of capitalists and therefore produced social tension.

A noticeable increase in wages presupposes a rapid growth of productive capital. The rapid growth of productive capital brings about an equally rapid growth of wealth, luxury, social wants, social enjoyments. Thus, although the enjoyments of the workers have risen, the social satisfaction that they give has fallen in comparison with the increased enjoyments of the capitalist, which are inaccessible to the worker, in comparison with the state of development of society in general. Our desires and pleasures spring from society; we measure them, therefore, by society and not by the objects which serve for their satisfaction. Because they are of a social nature, they are of a relative nature.<sup>1</sup>

Marx's qualification here of his more frequent belief that degradation produces revolution is expressed as the main thesis by de Tocqueville in his study of the French Revolution. After a long review of economic and social decline in the seventeenth century and dynamic growth in the eighteenth, de Tocqueville concludes:

So it would appear that the French found their condition the more unsupportable in proportion to its improvement. . . . Revolutions are not always brought about by a gradual decline from bad to worse. Nations that have endured patiently and almost uncon-

<sup>\*</sup> Several people have made perceptive suggestions and generous comments on an earlier version of this paper. I wish particularly to thank Seymour Martin Lipset, Lucian W. Pye, John H. Schaar, Paul Seabury, and Dwight Waldo.

<sup>&</sup>lt;sup>1</sup> The Communist Manifesto of 1848 evidently antedates the opposing idea by about a year. See Edmund Wilson, To the Finland Station (Anchor Books edition), New York: Doubleday & Co. (n.d.), p. 157; Lewis S. Feuer, Karl Marx and Friedrich Engels: Basic Writings on Politics and Philosophy, N. Y.: Doubleday & Co., Inc., 1959, p. 1. The above quotation is from Karl Marx and Frederick Engels, "Wage Labour and Capital," Selected Works in Two Volumes, Moscow: Foreign Languages Publishing House, 1955, vol. 1, p. 94.

sciously the most overwhelming oppression often burst into rebellion against the yoke the moment it begins to grow lighter. The regime which is destroyed by a revolution is almost always an improvement on its immediate predecessor. . . Evils which are patiently endured when they seem inevitable become intolerable when once the idea of escape from them is suggested.<sup>2</sup>

On the basis of de Tocqueville and Marx, we can choose one of these ideas or the other, which makes it hard to decide just when revolutions are more likely to occur—when there has been social and economic progress or when there has been regress. It appears that both ideas have explanatory and possibly predictive value, if they are juxtaposed and put in the proper time sequence.

Revolutions are most likely to occur when a prolonged period of objective economic and social development is followed by a short period of sharp reversal.<sup>3</sup> The all-important

<sup>8</sup> Revolutions are here defined as violent civil disturbances that cause the displacement of one ruling group by another that has a broader popular basis for support.

effect on the minds of people in a particular society is to produce, during the former period, an expectation of continued ability to satisfy needs—which continue to rise—and, during the latter, a mental state of anxiety and frustration when manifest reality breaks away from anticipated reality. The actual state of socio-economic development is less significant than the expectation that past progress, now blocked, can and must continue in the future.

Political stability and instability are ultimately dependent on a state of mind, a mood, in a society. Satisfied or apathetic people who are poor in goods, status, and power can remain politically quiet and their opposites can revolt, just as, correlatively and more probably, dissatisfied poor can revolt and satisfied rich oppose revolution. It is the dissatisfied state of mind rather than the tangible provision of "adequate" or "inadequate" supplies of food, equality, or liberty which produces the revolution. In actuality, there must be a joining of forces between dissatisfied, frustrated people who differ in their degree of objective, tangible welfare and status. Well-fed, well-educated, high-status individuals who rebel in the face of apathy among the objectively deprived can accomplish at most a coup d'état. The objectively deprived, when faced with solid opposition

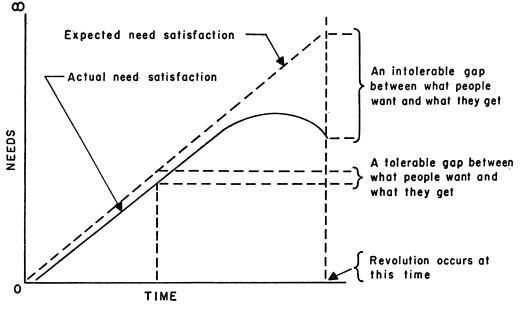


FIGURE 1. NEED SATISFACTION AND REVOLUTION

<sup>&</sup>lt;sup>2</sup> A. de Tocqueville, *The Old Regime and the French Revolution* (trans. by John Bonner), N. Y.: Harper & Bros., 1856, p. 214. The Stuart Gilbert translation, Garden City: Doubleday & Co., Inc., 1955, pp. 176-177, gives a somewhat less pungent version of the same comment. *L'Ancien régime* was first published in 1856.

of people of wealth, status, and power, will be smashed in their rebellion as were peasants and Anabaptists by German noblemen in 1525 and East Germans by the Communist élite in 1953.

Before appraising this general notion in light of a series of revolutions, a word is in order as to why revolutions ordinarily do not occur when a society is generally impoverished-when, as de Tocqueville put it, evils that seem inevitable are patiently endured. They are endured in the extreme case because the physical and mental energies of people are totally employed in the process of merely staying alive. The Minnesota starvation studies conducted during World War II<sup>4</sup> indicate clearly the constant pre-occupation of very hungry individuals with fantasies and thoughts of food. In extremis, as the Minnesota research poignantly demonstrates, the individual withdraws into a life of his own, withdraws from society, withdraws from any significant kind of activity unrelated to staying alive. Reports of behavior in Nazi concentration camps indicate the same preoccupation.<sup>5</sup> In less extreme and barbarous circumstances, where minimal survival is possible but little more, the preoccupation of individuals with staying alive is only mitigated. Social action takes place for the most part on a local, face-to-face basis. In such circumstances the family is a-perhaps the major-solidary unit<sup>6</sup> and even the local community exists primarily to the extent families need to act together to secure their separate survival. Such was life on the American frontier in the sixteenth through nineteenth centuries. In very much attenuated

form, but with a substantial degree of social isolation persisting, such evidently is rural life even today. This is clearly related to a relatively low level of political participation in elections.7 As Zawadzki and Lazarsfeld have indicated,<sup>8</sup> preoccupation with physical survival, even in industrial areas, is a force strongly militating against the establishment of the community-sense and consensus on joint political action which are necessary to induce a revolutionary state of mind. Far from making people into revolutionaries, enduring poverty makes for concern with one's solitary self or solitary family at best and resignation or mute despair at worst. When it is a choice between losing their chains or their lives, people will mostly choose to keep their chains, a fact which Marx seems to have overlooked.9

It is when the chains have been loosened somewhat, so that they can be cast off without a high probability of losing life, that people are put in a condition of protorebelliousness. I use the term proto-rebelliousness because the mood of discontent may be dissipated before a violent outbreak occurs. The causes for such dissipation may be natural or social (including economic and political). A bad crop year that threatens a return to chronic hunger may be succeeded by a year of natural abundance. Recovery from sharp economic dislocation may take the steam from the boiler of rebellion.<sup>10</sup> The slow, grudging grant of reforms, which has been the political history of England since at least the Industrial Revolution, may effectively and continuously prevent the degree of frustration that produces revolt.

<sup>10</sup> See W. W. Rostow, "Business Cycles, Harvests, and Politics: 1790–1850," *Journal of Economic History*, 1 (November, 1941), pp. 206–221 for the relation between economic fluctuation and the activities of the Chartists in the 1830s and 1840s.

<sup>&</sup>lt;sup>4</sup>The full report is Ancel Keys et al., The Biology of Human Starvation, Minneapolis: University of Minnesota Press, 1950. See J. Brozek, "Semi-starvation and Nutritional Rehabilitation," Journal of Clinical Nutrition, 1, (January, 1953), pp. 107-118 for a brief analysis.

<sup>&</sup>lt;sup>5</sup> E. A. Cohen, Human Behavior in the Concentration Camp, New York: W. W. Norton & Co., 1953, pp. 123-125, 131-140.

<sup>&</sup>lt;sup>6</sup> For community life in such poverty, in Mezzogiorno Italy, see E. C. Banfield, *The Moral Basis of a Backward Society*, Glencoe, Ill.: The Free Press, 1958. The author emphasizes that the nuclear family is a solidary, consensual, moral unit (see p. 85) but even within it, consensus appears to break down, in outbreaks of pure, individual amorality—notably between parents and children (see p. 117).

<sup>&</sup>lt;sup>7</sup> See Angus Campbell *et al.*, *The American Voter*, New York: John Wiley & Sons, 1960, Chap. 15, "Agrarian Political Behavior."

<sup>&</sup>lt;sup>8</sup> B. Zawadzki and P. F. Lazarsfeld, "The Psychological Consequences of Unemployment," *Journal of Social Psychology*, 6 (May, 1935), pp. 224-251.

 $<sup>{}^9</sup>$  A remarkable and awesome exception to this phenomenon occurred occasionally in some Nazi concentration camps, e.g., in a Buchenwald revolt against capricious rule by criminal prisoners. During this revolt, one hundred criminal prisoners were killed by political prisoners. See Cohen, *op. cit.*, p. 200.

A revolutionary state of mind requires the continued, even habitual but dynamic expectation of greater opportunity to satisfy basic needs, which may range from merely physical (food, clothing, shelter, health, and safety from bodily harm) to social (the affectional ties of family and friends) to the need for equal dignity and justice. But the necessary additional ingredient is a persistent, unrelenting threat to the satisfaction of these needs: not a threat which actually returns people to a state of sheer survival but which puts them in the mental state where they believe they will not be able to satisfy one or more basic needs. Although physical deprivation in some degree may be threatened on the eve of all revolutions, it need not be the prime factor, as it surely was not in the American Revolution of 1775. The crucial factor is the vague or specific fear that 'ground gained over a long period of time will be quickly lost. This fear does not generate if there is continued opportunity to satisfy continually emerging needs; it generates when the existing government suppresses or is blamed for suppressing such opportunity.

Three rebellions or revolutions are given considerable attention in the sections that follow: Dorr's Rebellion of 1842, the Russian Revolution of 1917, and the Egyptian Revolution of 1952. Brief mention is then made of several other major civil disturbances, all of which appear to fit the J-curve pattern.<sup>11</sup> After considering these specific disturbances, some general theoretical and research problems are discussed.

No claim is made that all rebellions follow the pattern, but just that the ones here presented do. All of these are "progressive" revolutions in behalf of greater equality and liberty. The question is open whether the pattern occurs in such markedly retrogressive revolutions as Nazism in Germany or the 1861 Southern rebellion in the United States. It will surely be necessary to examine other progressive revolutions before one can judge how universal the J-curve is. And it will be necessary, in the interests of scientific validation, to examine cases of serious civil disturbance that fell short of producing profound revolution—such as the Sepoy Rebellion of 1857 in India, the Pullman Strike of 1894 in America, the Boxer Rebellion of 1900 in China, and the Great Depression of the 1920s and 1930s as it was experienced in Austria, France, Great Britain, and the United States. The explanation for such still-born rebellions —for revolutions that might have occurred is inevitably more complicated than for those that come to term in the "normal" course of political gestation.

## DORR'S REBELLION OF 1842

Dorr's Rebellion <sup>12</sup> in nineteenth-century America was perhaps the first of many civil disturbances to occur in America as a consequence, in part, of the Industrial Revolution. It followed by three years an outbreak in England that had similar roots and a similar program—the Chartist agitation. A machineoperated textile industry was first established in Rhode Island in 1790 and grew rapidly as a consequence of domestic and international demand, notably during the Napoleonic Wars. Jefferson's Embargo Act of 1807, the War of 1812, and a high tariff in 1816 further stimulated American industry.

Rapid industrial growth meant the movement of people from farms to cities. In Massachusetts the practice developed of hiring mainly the wives and daughters of farmers, whose income was thereby supplemented but not displaced by wages. In Rhode Island whole families moved to the cities and became committed to the factory system. When times were good, industrialized families earned two or three times what they got from the soil; when the mills were idle, there was not enough money for bread.<sup>13</sup> From 1807 to 1815 textiles enjoyed great prosperity; from 1834 to 1842 they suffered depression, most severely from 1835 to 1840. Prosperity raised expectations and depression frustrated them,

<sup>&</sup>lt;sup>11</sup> This curve is of course not to be confused with its prior and altogether different use by Floyd Allport in his study of social conformity. See F. H. Allport, "The J-Curve Hypothesis of Conforming Behavior," Journal of Social Psychology, 5 (May, 1934), pp. 141–183, reprinted in T. H. Newcomb & E. L. Hartley, Readings in Social Psychology, N. Y.: Henry Holt & Co., 1947, pp. 55–67.

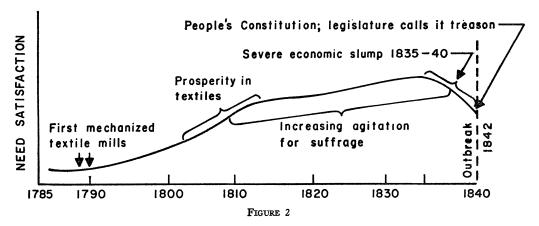
<sup>&</sup>lt;sup>12</sup> I am indebted to Beryl L. Crowe for his extensive research on Dorr's Rebellion while he was a participant in my political behavior seminar at the University of California, Berkeley, Spring 1960.

<sup>&</sup>lt;sup>13</sup> Joseph Brennan, Social Conditions in Industrial Rhode Island: 1820–1860; Washington, D. C.: Catholic University of America, 1940, p. 33.

particularly when accompanied by stubborn resistance to suffrage demands that first stirred in 1790 and recurred in a wave-like pattern in 1811 and then in 1818 and 1820 following suffrage extension in Connecticut and Massachusetts. The final crest was reached in 1841, when suffrage associations met and called for a constitutional convention.<sup>14</sup>

Against the will of the government, the suffragists held an election in which all adult males were eligible to vote, held a constitutional convention composed of delegates so elected and in December 1841 submitted the People's Constitution to the same electorate, which approved it and the call for an election new constitution was "of no binding force whatever" and any act "to carry it into effect by force will be treason against the state." The legislature passed what became known as the Algerian law, making it an offense punishable by a year in jail to vote in the April election, and by life imprisonment to hold office under the People's Constitution.

The rebels went stoutly ahead with the election, and on May 3, 1842 inaugurated the new government. The next day the People's legislature met and respectfully requested the sheriff to take possession of state buildings, which he failed to do. Violence broke out on the 17th of May in an attempt to take



of state officers the following April, to form a new government under this unconstitutional constitution.<sup>15</sup>

These actions joined the conflict with the established government. When asked—by the dissidents—the state supreme court rendered its private judgment in March 1842 that the over a state arsenal with two British cannon left over from the Revolutionary War. When the cannon misfired, the People's government resigned. Sporadic violence continued for another month, resulting in the arrest of over 500 men, mostly textile workers, mechanics, and laborers. The official legislature called for a new constitutional convention, chosen by universal manhood suffrage, and a new constitution went into effect in January, 1843. Altogether only one person was killed in this little revolution, which experienced violence, failure, and then success within the space of nine months.

It is impossible altogether to separate the experience of rising expectations among people in Rhode Island from that among Americans generally. They all shared historically the struggle against a stubborn but ultimately rewarding frontier where their selfconfidence gained strength not only in the daily process of tilling the soil and harvesting

<sup>&</sup>lt;sup>14</sup> The persistent demand for suffrage may be understood in light of election data for 1828 and 1840. In the former year, only 3600 votes were cast in Rhode Island, whose total population was about 94,000. (Of these votes, 23 per cent were cast for Jackson and 77 per cent for Adams, in contrast to a total national division of 56 per cent for Jackson and 44 per cent for Adams.) All votes cast in the 1828 election amount to 4 per cent of the total Rhode Island population and 11 per cent of the total U. S. population excluding slaves. In 1840, with a total population of 109,000 only 8300 votes—8 per cent—were cast in Rhode Island, in contrast to 17 per cent of the national population excluding slaves.

<sup>&</sup>lt;sup>16</sup> A. M. Mowry, *The Dorr War*, Providence, R. I.: Preston & Rounds Co., 1901, p. 114.

the crops but also by improving their skill at self-government. Winning their war of independence, Americans continued to press for more goods and more democracy. The pursuit of economic expectations was greatly facilitated by the growth of domestic and foreign trade and the gradual establishment of industry. Equalitarian expectations in politics were satisfied and without severe struggle—in most Northern states—by suffrage reforms.

In Rhode Island, these rising expectations -more goods, more equality, more self-rule -were countered by a series of containing forces which built up such a head of steam that the boiler cracked a little in 1842. The textile depression hit hard in 1835 and its consequences were aggravated by the Panic of 1837. In addition to the frustration of seeing their peers get the right to vote in other states, poor people in Rhode Island were now beset by industrial dislocation in which the machines that brought them prosperity they had never before enjoyed now were bringing economic disaster. The machines could not be converted to produce food and in Rhode Island the machine tenders could not go back to the farm.

When they had recovered from the preoccupation with staying alive, they turned in earnest to their demands for constitutional reform. But these were met first with indifference and then by a growing intransigence on the part of the government representing the propertied class. Hostile action by the state supreme court and then the legislature with its Algerian law proved just enough to break briefly the constitutional structure which in stable societies has the measure of power and resilience necessary to absorb social tension.

## THE RUSSIAN REVOLUTION OF 1917

In Russia's tangled history it is hard to decide when began the final upsurge of expectations that, when frustrated, produced the cataclysmic events of 1917. One can truly say that the real beginning was the slow modernization process begun by Peter the Great over two hundred years before the revolution. And surely the rationalist currents from France that slowly penetrated Russian intellectual life during the reign of Catherine the Great a hundred years before the revolution were necessary, lineal antecedents of the 1917 revolution.

Without denying that there was an accumulation of forces over at least a 200-year period,<sup>16</sup> we may nonetheless date the final upsurge as beginning with the 1861 emancipation of serfs and reaching a crest in the 1905 revolution.

The chronic and growing unrest of serfs before their emancipation in 1861 is an ironic commentary on the Marxian notion that human beings are what social institutions make them. Although serfdom had been shaping their personality since 1647, peasants became increasingly restive in the second quarter of the nineteenth century.<sup>17</sup> The continued discontent of peasants after emancipation is an equally ironic commentary on the belief that relieving one profound frustration produces enduring contentment. Peasants rather quickly got over their joy at being untied from the soil after two hundred years. Instead of declining, rural violence increased.<sup>18</sup> Having gained freedom but not much free land, peasants now had to rent or buy land to survive: virtual personal slavery was exchanged for financial servitude. Land pressure grew, reflected in a doubling of land prices between 1868 and 1897.

It is hard thus to tell whether the economic plight of peasants was much lessened after emancipation. A 1903 government study indicated that even with a normal harvest, average food intake per peasant was 30 per cent below the minimum for health. The only sure contrary item of evidence is that the peasant population grew, indicating at least increased ability of the land to support life, as the following table shows.

<sup>18</sup> Jacqueries averaged 350 per year for the first three years after emancipation. *Ibid.*, pp. 140–141.

<sup>&</sup>lt;sup>16</sup> There is an excellent summary in B. Brutzkus, "The Historical Peculiarities of the Social and Economic Development of Russia," in R. Bendix and S. M. Lipset, *Class, Status, and Power*, Glencoe, Ill.: The Free Press, 1953, pp. 517–540.

<sup>&</sup>lt;sup>17</sup> Jacqueries rose from an average of 8 per year in 1826-30 to 34 per year in 1845-49. T. G. Masaryk, *The Spirit of Russia*, London: Allen and Unwin, Ltd., 1919, Vol. 1, p. 130. This long, careful, and rather neglected analysis was first published in German in 1913 under the title *Zur Russischen Geschichts- und Religionsphilosophie*.

	Population in Millions	Increase in Millions	Average Annual Rate of Increase*
1480	2.1		
1580	4.3	2.2	1.05%
1680	12.6	8.3	1.93%
1780	26.8	14.2	1.13%
1880	84.5	57.7	2.15%
1895	110.0	25.5	2.02%

TABLE 1. POPULATION OF EUROPEAN RUSSIA(1480–1895)

\* Computed as follows: dividing the increase by the number of years and then dividing this hypothetical annual increase by the population at the end of the preceding 100-year period.

Source for gross population data: Entsiklopedicheskii Slovar, St. Petersburg, 1897, vol. 40, p. 631. Russia's population was about 97% rural in 1784, 91% in 1878, and 87% in 1897. See Masaryk, op. cit., p. 162n.

The land-population pressure pushed people into towns and cities, where the rapid growth of industry truly afforded the chance for economic betterment. One estimate of net annual income for a peasant family of five in the rich blackearth area in the late nineteenth century was 82 rubles. In contrast, a "good" wage for a male factory worker was about 168 rubles per year. It was this difference in the degree of poverty that produced almost a doubling of the urban population between 1878 and 1897. The number of industrial workers increased almost as rapidly. The city and the factory gave new hope. Strikes in the 1880s were met with brutal suppression but also with the beginning of factory legislation, including the requirement that wages be paid regularly and the abolition of child labor. The burgeoning proletariat remained comparatively contented until the eve of the 1905 revolution.19

There is additional, non-economic evidence to support the view that 1861 to 1905 was the period of rising expectations that preceded the 1917 revolution. The administration of justice before the emancipation had largely been carried out by noblemen and landowners who embodied the law for their peasants. In 1864 justice was in principle no longer delegated to such private individuals. Trials became public, the jury system was introduced, and judges got tenure. Corporal punishment was alleviated by the elimination of running the gauntlet, lashing, and branding; caning persisted until 1904. Public joy at these reforms was widespread. For the intelligentsia, there was increased opportunity to think and write and to criticize established institutions, even sacrosanct absolutism itself.

But Tsarist autocracy had not quite abandoned the scene. Having inclined but not bowed, in granting the inevitable emancipation as an act not of justice but grace, it sought to maintain its absolutist principle by conceding reform without accepting anything like democratic authority. Radical political and economic criticism surged higher. Some strong efforts to raise the somewhat lowered floodgates began as early as 1866, after an unsuccessful attempt was made on the life of Alexander II, in whose name serfs had just gained emancipation. When the attempt succeeded fifteen years later, there was increasing state action under Alexander III to limit constantly rising expectations. By suppression and concession, the last Alexander succeeded in dying naturally in 1894.

When it became apparent that Nicholas II shared his father's ideas but not his forcefulness, opposition of the intelligentsia to absolutism joined with the demands of peasants and workers, who remained loyal to the Tsar but demanded economic reforms. Starting in 1904, there developed a "League of Deliverance" that coordinated efforts of at least seventeen other revolutionary, proletarian, or nationalist groups within the empire. Consensus on the need for drastic reform, both political and economic, established a manyringed circus of groups sharing the same tent. These groups were geographically distributed from Finland to Armenia and ideologically from liberal constitutionalists to revolutionaries made prudent by the contrast between their own small forces and the power of Tsardom.

Events of 1904–5 mark the general downward turning point of expectations, which

<sup>&</sup>lt;sup>19</sup> The proportion of workers who struck from 1895 through 1902 varied between 1.7 per cent and 4.0 per cent per year. In 1903 the proportion rose to 5.1 per cent but dropped a year later to 1.5 per cent. In 1905 the proportion rose to 163.8 per cent, indicating that the total working force struck, on the average, closer to twice than to once during that portentous year. In 1906 the proportion dropped to 65.8 per cent; in 1907 to 41.9 per cent; and by 1909 was down to a "normal" 3.5 per cent. *Ibid.*, p. 175n.

people increasingly saw as frustrated by the continuation of Tsardom. Two major and related occurrences made 1905 the point of no return. The first took place on the Bloody Sunday of January 22, 1905, when peaceful proletarian petitioners marched on the St. Petersburg palace and were killed by the hundreds. The myth that the Tsar was the gracious protector of his subjects, however surrounded he might be by malicious advisers, was quite shattered. The reaction was immediate, bitter, and prolonged and was not at all confined to the working class. Employers, merchants, and white-collar officials joined in the burgeoning of strikes which brought the economy to a virtual standstill in October. Some employers even continued to pay wages to strikers. University students and faculties joined the revolution. After the great October strike, the peasants ominously sided with the workers and engaged in riots and assaults on landowners. Until peasants became involved, even some landowners had sided with the revolution.

The other major occurrence was the disastrous defeat of the Russian army and navy in the 1904–5 war with Japan. Fundamentally an imperialist venture aspiring to hegemony over the people of Asia, the war was not regarded as a people's but as a Tsar's war, to save and spread absolutism. The military defeat itself probably had less portent than the return of shattered soldiers from a fight that was not for them. Hundreds of thousands, wounded or not, returned from the war as a visible, vocal, and ugly reminder to the entire populace of the weakness and selfishness of Tsarist absolutism.

The years from 1905 to 1917 formed an almost relentless procession of increasing misery and despair. Promising at last a constitutional government, the Tsar, in October, 1905, issued from on high a proclamation renouncing absolutism, granting law-making power to a duma, and guaranteeing freedom of speech, assembly, and association. The first two dumas, of 1906 and 1907, were dissolved for recalcitrance. The third was made pliant by reduced representation of workers and peasants and by the prosecution and conviction of protestants in the first two. The brief period of a free press was succeeded in 1907 by a reinstatement of censorship and confiscation of prohibited publications. Trial of offenders against the Tsar was now conducted by courts martial. Whereas there had been only 26 executions of the death sentence, in the 13 years of Alexander II's firm rule (1881–94), there were 4,449 in the years 1905–10, in six years of Nicholas II's soft regimen.<sup>20</sup>

But this "white terror," which caused despair among the workers and intelligentsia in the cities, was not the only face of misery. For the peasants, there was a bad harvest in 1906 followed by continued crop failures in several areas in 1907. To forestall action by the dumas, Stolypin decreed a series of agrarian reforms designed to break up the power of the rural communes by individualizing land ownership. Between these acts of God and government, peasants were so preoccupied with hunger or self-aggrandizement as to be dulled in their sensitivity to the revolutionary appeals of radical organizers.

After more than five years of degrading terror and misery, in 1910 the country appeared to have reached a condition of exhaustion. Political strikes had fallen off to a new low. As the economy recovered, the insouciance of hopelessness set in. Amongst the intelligentsia the mood was hedonism, or despair that often ended in suicide. Industrialists aligned themselves with the government. Workers worked. But an upturn of expectations, inadequately quashed by the police, was evidenced by a recrudescence of political strikes which, in the first half of 1914-on the eve of war-approached the peak of 1905. They sharply diminished during 1915 but grew again in 1916 and became a general strike in February 1917.<sup>21</sup>

Figure 3 indicates the lesser waves in the tidal wave whose first trough is at the end of serfdom in 1861 and whose second is at the end of Tsardom in 1917. This fifty-six year period appears to constitute a single long phase in which popular gratification at the

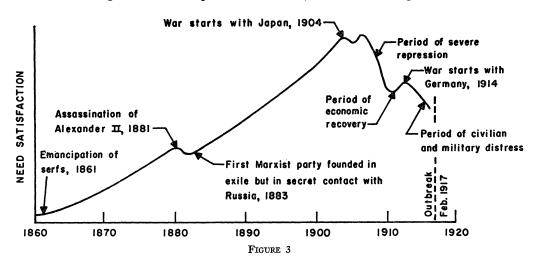
<sup>&</sup>lt;sup>20</sup> Ibid., p. 189n.

<sup>&</sup>lt;sup>21</sup> In his History of the Russian Revolution, Leon Trotsky presents data on political strikes from 1903 to 1917. In his Spirit of Russia, Masaryk presents comparable data from 1905 through 1912. The figures are not identical but the reported yearly trends are consistent. Masaryk's figures are somewhat lower, except for 1912. Cf. Trotsky, op. cit., Doubleday Anchor Books ed., 1959, p. 32 and Masaryk, op. cit. supra, p. 197n.

termination of one institution (serfdom) rather quickly was replaced with rising expectations which resulted from intensified industrialization and which were incompatible with the continuation of the inequitable and capricious power structure of Tsarist society. The small trough of frustration during the repression that followed the assassination of Alexander II seems to have only briefly interrupted the rise in popular demand for more goods and more power. The trough in 1904 indicates the consequences of war with Japan. The 1905–6 trough reflects the repression of and ended in death to the Tsar and Tsardom —but not to absolutism—when the Bolsheviks gained ascendancy over the moderates in October. A centuries-long history of absolutism appears to have made this post-Tsarist phase of it tragically inevitable.

# THE EGYPTIAN REVOLUTION OF 1952

The final slow upsurge of expectations in Egypt that culminated in the revolution began when that society became a nation in 1922, with the British grant of limited inde-



January 22, and after, and is followed by economic recovery. The final downturn, after the first year of war, was a consequence of the dislocations of the German attack on all kinds of concerted activities other than production for the prosecution of the war. Patriotism and governmental repression for a time smothered discontent. The inflation that developed in 1916 when goods, including food, became severely scarce began to make workers self-consciously discontented. The conduct of the war, including the growing brutality against reluctant, ill-provisioned troops, and the enormous loss of life, produced the same bitter frustration in the army.<sup>22</sup> When civilian discontent reached the breaking point in February, 1917, it did not take long for it to spread rapidly into the armed forces. Thus began the second phase of the revolution that really started in 1905 pendence. British troops remained in Egypt to protect not only the Suez Canal but also, ostensibly, to prevent foreign aggression. The presence of foreign troops served only to heighten nationalist expectations, which were excited by the Wafd, the political organization that formed public opinion on national rather than religious grounds and helped establish a fairly unified community—in striking contrast to late-nineteenth century Russia.

But nationalist aspirations were not the only rising expectations in Egypt of the 1920s and 1930s. World War I had spurred industrialization, which opened opportunities for peasants to improve, somewhat, their way of life by working for wages in the cities and also opened great opportunities for entrepreneurs to get rich. The moderately wealthy got immoderately so in commodity market speculation, finance, and manufacture, and the uprooted peasants who were now employed, or at any rate living, in cities were

<sup>&</sup>lt;sup>22</sup> See Trotsky, op. cit., pp. 18-21 for a vivid picture of rising discontent in the army.

relieved of at least the notion that poverty and boredom must be the will of Allah. But the incongruity of a money-based modern semi-feudality that was like a chariot with a gasoline engine evidently escaped the attention of ordinary people. The generation of the 1930s could see more rapid progress, even for themselves, than their parents had even envisioned. If conditions remained poor, they could always be blamed on the British, whose economic and military power remained visible and strong.

Economic progress continued, though unevenly, during World War II. Conventional exports, mostly cotton, actually declined, not even reaching depression levels until 1945, but direct employment by Allied military forces reached a peak of over 200,000 during the most intense part of the African war. Exports after the war rose steadily until 1948, dipped, and then rose sharply to a peak in 1951 as a consequence of the Korean war. But in 1945 over 250,000 wage earners<sup>23</sup>—probably over a third of the working force-became jobless. The cost of living by 1945 had risen to three times the index of 1937.<sup>24</sup> Manual laborers were hit by unemployment; white collar workers and professionals probably more by inflation than unemployment. Meanwhile the number of millionaires in pounds sterling had increased eight times during the war.<sup>25</sup>

Frustrations, exacerbated during the war by German and thereafter by Soviet propaganda, were at first deflected against the British <sup>26</sup> but gradually shifted closer to home. Egyptian agitators began quoting the Koran in favor of a just, equalitarian society and against great differences in individual wealth. There was an ominous series of strikes, mostly in the textile mills, from 1946–8.

At least two factors stand out in the postponement of revolution. The first was the insatiable postwar world demand for cotton and textiles and the second was the surge of solidarity with king and country that followed the 1948 invasion of the new state of Israel. Israel now supplemented England as an object of deflected frustration. The disastrous defeat a year later, by a new nation with but a fifteenth of Egypt's population, was the beginning of the end. This little war had struck the peasant at his hearth, when a shortage of wheat and of oil for stoves provided a daily reminder of a weak and corrupt government. The defeat frustrated popular hopes for national glory and-with even more portent-humiliated the army and solidified it against the bureaucracy and the palace which had profiteered at the expense of national honor. In 1950 began for the first time a direct and open propaganda attack against the king himself. A series of peasant uprisings, even on the lands of the king, took place in 1951 along with some 49 strikes in the cities. The skyrocketing demand for cotton after the start of the Korean War in June, 1950 was followed by a collapse in March, 1952. The uncontrollable or uncontrolled riots in Cairo, on January 26, 1952, marked the fiery start of the revolution. The officers' coup in the early morning of July 23 only made it official.

### OTHER CIVIL DISTURBANCES

The J-curve of rising expectations followed by their effective frustration is applicable to other revolutions and rebellions than just the three already considered. Leisler's Rebellion in the royal colony of New York in 1689 was a brief dress-rehearsal for the American Revolution eighty-six years later. In an effort to make the colony serve the crown better, duties had been raised and were being vigorously collected. The tanning of hides in the

<sup>&</sup>lt;sup>23</sup> C. Issawi, Egypt at Mid-Century: An Economic Survey, London: Oxford University Press, 1954, p. 262. J. & S. Lacouture in their Egypt in Transition, New York: Criterion Books, 1958, p. 100, give a figure of over 300,000. Sir R. Bullard, editor, The Middle East: A Political and Economic Survey, London: Oxford University Press, 1958, p. 221 estimates total employment in industry, transport, and commerce in 1957 to have been about 750,000.

<sup>&</sup>lt;sup>24</sup> International Monetary Fund, International Financial Statistics, Washington, D. C. See monthly issues of this report, 1950–53.

<sup>&</sup>lt;sup>25</sup> J. and S. Lacouture, op. cit., p. 99.

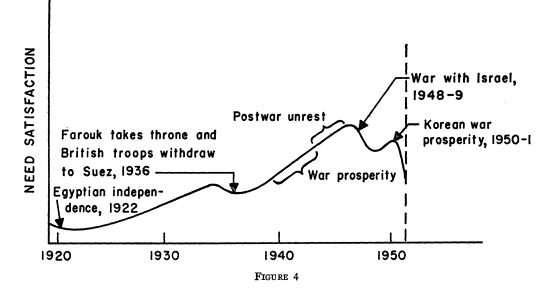
<sup>&</sup>lt;sup>26</sup> England threatened to depose Farouk in February 1942, by force if necessary, if Egypt did not support the Allies. Capitulation by the government and the Wafd caused widespread popular disaffection. When Egypt finally declared war on the

Axis in 1945, the prime minister was assassinated. See J. & S. Lacouture, *op. cit.*, pp. 97–98 and Issawi, *op. cit.*, p. 268.

colony was forbidden, as was the distillation of liquor. An embargo was placed on unmilled grain, which hurt the farmers. After a long period of economic growth and substantial political autonomy, these new and burdensome regulations produced a popular rebellion that for a year displaced British sovereignty.<sup>27</sup>

The American Revolution itself fits the J-curve and deserves more than the brief mention here given. Again prolonged economic growth and political autonomy proland in 1772 <sup>28</sup> may have hastened the maturation of colonial rebelliousness.

The curve also fits the French Revolution, which again merits more mention than space here permits. Growing rural prosperity, marked by steadily rising land values in the eighteenth century, had progressed to the point where a third of French land was owned by peasant-proprietors. There were the beginnings of large-scale manufacture in the factory system. Constant pressure by the bourgeoisie against the state for reforms was met



duced continually rising expectations. They became acutely frustrated when, following the French and Indian War (which had cost England so much and the colonies so little), England began a series of largely economic regulations having the same purpose as those directed against New York in the preceding century. From the 1763 Proclamation (closing to settlement land west of the Appalachians) to the Coercive Acts of April, 1774 (which among other things, in response to the December, 1773 Boston Tea Party, closed tight the port of Boston), Americans were beset with unaccustomed manifestations of British power and began to resist forcibly in 1775, on the Lexington-Concord road. A significant decline in trade with Engwith considerable hospitality by a government already shifting from its old landedaristocratic and clerical base to the growing middle class. Counter to these trends, which would *per se* avoid revolution, was the feudal reaction of the mid-eighteenth century, in which the dying nobility sought in numerous nagging ways to retain and reactivate its perquisites against a resentful peasantry and importunate bourgeoisie.

But expectations apparently continued rising until the growing opportunities and prosperity rather abruptly halted, about 1787. The fiscal crisis of the government is well known, much of it a consequence of a 1.5 billion livre deficit following interven-

<sup>&</sup>lt;sup>27</sup> See J. R. Reich, *Leisler's Rebellion*, Chicago: University of Chicago Press, 1953.

<sup>&</sup>lt;sup>28</sup> See U. S. Bureau of the Census, *Historical Statistics of the United States, Colonial Times to* 1957, Washington, D. C., 1960, p. 757.

tion against Britain in the American war of independence. The threat to tax the nobility severely-after its virtual tax immunityand the bourgeoisie more severely may indeed be said to have precipitated the revolution. But less well-known is the fact that 1787 was a bad harvest year and 1788 even worse; that by July, 1789 bread prices were higher than they had been in over 70 years: that an ill-timed trade treaty with England depressed the prices of French textiles: that a concurrent bumper grape crop depressed wine prices-all with the result of making desperate the plight of the large segment of the population now dependent on other producers for food. They had little money to buy even less bread. Nobles and bourgeoisie were alienated from the government by the threat of taxation; workers and some peasants by the threat of starvation. A long period of halting but real progress for virtually all segments of the population was now abruptly ended in consequence of the government's efforts to meet its deficit and of economic crisis resulting from poor crops and poor tariff policy.29

The draft riots that turned the city of New York upside down for five days in July, 1863 also follow the J-curve. This severe local disturbance began when conscription threatened the lives and fortunes of workingmen whose enjoyment of wartime prosperity was now frustrated not only by military service (which could be avoided by paying \$300 or furnishing a substitute neither means being available to poor people) but also by inflation.<sup>30</sup>

Even the riots in Nyasaland, in February and March, 1959, appear to follow the pattern of a period of frustration after expectations and satisfactions have risen. Nyasaland workers who had enjoyed the high wages they were paid during the construction of the Kariba dam in Rhodesia returned to their homes and to unemployment, or to jobs paying \$5 per month at a time when \$15 was considered a bare minimum wage.<sup>31</sup>

One negative case-of a revolution that did not occur-is the depression of the 1930s in the United States. It was severe enough, at least on economic grounds, to have produced a revolution. Total national private production income in 1932 reverted to what it had been in 1916. Farm income in the same year was as low as in 1900; manufacturing as low as in 1913. Construction had not been as low since 1908. Mining and quarrying was back at the 1909 level.<sup>32</sup> For much of the population, two decades of economic progress had been wiped out. There were more than sporadic demonstrations of unemployed, hunger marchers, and veterans. In New York City, at least 29 people died of starvation. Poor people could vividly contrast their own past condition with the present-and their own present condition with that of those who were not seriously suffering. There were clearly audible rumbles of revolt. Why, then, no revolution?

Several forces worked strongly against it. Among the most depressed, the mood was one of apathy and despair, like that observed in Austria by Zawadzki and Lazarsfeld. It was not until the 1936 election that there was an increased turnout in the national election. The great majority of the public shared a set of values which since 1776 had been official dogma-not the dissident program of an alienated intelligentsia. People by and large were in agreement, whether or not they had succeeded economically, in a belief in individual hard work, self-reliance, and the promise of success. (Among workers, this non-class orientation had greatly impeded the establishment of trade unions, for example.) Those least hit by the depressionthe upper-middle class businessmen, clergymen, lawyers, and intellectuals-remained rather solidly committed not only to equalitarian values and to the established economic system but also to constitutional processes. There was no such widespread or profound alienation as that which had cracked the

<sup>&</sup>lt;sup>29</sup> See G. Lefebvre, *The Coming of the French Revolution*, Princeton: Princeton University Press, 1947, pp. 101–109, 145–148, 196. G. Le Bon, *The Psychology of Revolution*, New York: G. Putnam's Sons, 1913, p. 143.

<sup>&</sup>lt;sup>30</sup> The account by Irving Werstein, *July 1863*, New York: Julian Messner, Inc., 1957, is journalistic but to my knowledge the fullest yet available.

<sup>&</sup>lt;sup>81</sup> E. S. Munger, "The Tragedy of Nyasaland," American Universities Field Staff Reports Service, vol. 7, no. 4 (August 1, 1959), p. 9.

<sup>&</sup>lt;sup>82</sup> See U. S. Bureau of the Census, *Historical Statistics of the United States: 1789–1945*, Washington, D. C.: 1949, p. 14.

loyalty of the nobility, clergy, bourgeoisie, armed forces, and intelligentsia in Russia. And the national political leadership that emerged had constitutionalism almost bred in its bones. The major threat to constitutionalism came in Louisiana; this leadership was unable to capture a national party organization, in part because Huey Long's arbitrariness and demagogy were mistrusted.

The major reason that revolution did not nonetheless develop probably remains the vigor with which the national government attacked the depression in 1933, when it became no longer possible to blame the government. The ambivalent popular hostility to the business community was contained by both the action of government against the depression and the government's practice of publicly and successfully eliciting the cooperation of businessmen during the crucial months of 1933. A failure then of cooperation could have intensified rather than lessened popular hostility to business. There was no longer an economic or a political class that could be the object of widespread intense hatred because of its indifference or hostility to the downtrodden. Had Roosevelt adopted a demagogic stance in the 1932 campaign and gained the loyalty to himself personally of the Army and the F.B.I., there might have been a Nazi-type "revolution," with a potpourri of equalitarian reform, nationalism, imperialism, and domestic scapegoats. Because of a conservatism in America stemming from strong and long attachment to a value system shared by all classes, an anticapitalist, leftist revolution in the 1930s is very difficult to imagine.

## SOME CONCLUSIONS

The notion that revolutions need both a period of rising expectations and a succeeding period in which they are frustrated qualifies substantially the main Marxian notion that revolutions occur after progressive degradation and the de Tocqueville notion that they occur when conditions are improving. By putting de Tocqueville before Marx but without abandoning either theory, we are better able to plot the antecedents of at least the disturbances here described.

Half of the general, if not common, sense of this revised notion lies in the utter im-

probability of a revolution occurring in a society where there is the continued, unimpeded opportunity to satisfy new needs, new hopes, new expectations. Would Dorr's rebellion have become such if the established electorate and government had readily acceded to the suffrage demands of the unpropertied? Would the Russian Revolution have taken place if the Tsarist autocracy had. quite out of character, truly granted the popular demands for constitutional democracy in 1905? Would the Cairo riots of January, 1952 and the subsequent coup actually have occurred if Britain had departed from Egypt and if the Egyptian monarchy had established an equitable tax system and in other ways alleviated the poverty of urban masses and the shame of the military?

The other half of the sense of the notion has to do with the improbability of revolution taking place where there has been no hope, no period in which expectations have risen. Such a stability of expectations presupposes a static state of human aspirations that sometimes exists but is rare. Stability of expectations is not a stable social condition. Such was the case of American Indians (at least from our perspective) and perhaps Africans before white men with Bibles, guns, and other goods interrupted the stability of African society. Egypt was in such a condition, vis-à-vis modern aspirations, before Europe became interested in building a canal. Such stasis was the case in Nazi concentration camps, where conformism reached the point of inmates cooperating with guards even when the inmates were told to lie down so that they could be shot.<sup>33</sup> But in the latter case there was a society with externally induced complete despair, and even in these camps there were occasional rebellions of sheer desperation. It is of course true that in a society less regimented than concentration camps, the rise of expectations can be frustrated successfully, thereby defeating rebellion just as the satisfaction of expectations does. This, however, requires the uninhibited exercise of brute force as it was used in suppressing the Hungarian rebellion of 1956. Failing the continued ability

<sup>&</sup>lt;sup>88</sup> Eugen Kogon, *The Theory and Practice of Hell*, New York: Farrar, Straus & Co., 1950, pp. 284-286.

and persistent will of a ruling power to use such force, there appears to be no sure way to avoid revolution short of an effective, affirmative, and continuous response on the part of established governments to the almost continuously emerging needs of the governed.

To be predictive, my notion requires the assessment of the state of mind-or more precisely, the mood-of a people. This is always difficult, even by techniques of systematic public opinion analysis. Respondents interviewed in a country with a repressive government are not likely to be responsive. But there has been considerable progress in gathering first-hand data about the state of mind of peoples in politically unstable circumstances. One instance of this involved interviewing in West Berlin, during and after the 1948 blockade, as reported by Buchanan and Cantril. They were able to ascertain, however crudely, the sense of security that people in Berlin felt. There was a significant increase in security after the blockade.84

Another instance comes out of the Middle Eastern study conducted by the Columbia University Bureau of Applied Social Research and reported by Lerner.<sup>85</sup> By directly asking respondents whether they were happy or unhappy with the way things had turned out in their life, the interviewers turned up data indicating marked differences in the frequency of a sense of unhappiness between countries and between "traditional," "transitional," and "modern" individuals in these countries.<sup>36</sup> There is no technical reason why such comparisons could not be made chronologically as well as they have been geographically.

Other than interview data are available with which we can, from past experience, make reasonable inferences about the mood of a people. It was surely the sense for the relevance of such data that led Thomas Masaryk before the first World War to gather facts about peasant uprisings and industrial strikes and about the writings and actions of the intelligentsia in nineteenth-century Russia. In the present report, I have used not only such data-in the collection of which other social scientists have been less assiduous than Masarvk-but also such indexes as comparative size of vote as between Rhode Island and the United States, employment, exports, and cost of living. Some such indexes, like strikes and cost of living, may be rather closely related to the mood of a people; others, like value of exports, are much cruder indications. Lest we shy away from the gathering of crude data, we should bear in mind that Durkheim developed his remarkable insights into modern society in large part by his analysis of suicide rates. He was unable to rely on the interviewing technique. We need not always ask people whether they are grievously frustrated by their government; their actions can tell us as well and sometimes better.

In his Anatomy of Revolution, Crane Brinton describes "some tentative uniformities" that he discovered in the Puritan, American, French, and Russian revolutions.<sup>37</sup> The uniformities were: an economically advancing society, class antagonism, desertion of intellectuals, inefficient government, a ruling class that has lost self-confidence, financial failure of government, and the inept use of force against rebels. All but the last two of these are long-range phenomena that lend themselves to studies over extended time periods. The first two lend themselves to statistical analysis. If they serve the purpose, techniques of content analysis could be used to ascertain trends in alienation of intellectuals. Less rigorous methods would perhaps serve better to ascertain the effectiveness of government and the self-confidence of rulers. Because tensions and frustrations are present at all times in every society, what is most seriously needed are data that cover an extended time period in a particular society, so that one can say there is evidence that

<sup>&</sup>lt;sup>34</sup> W. Buchanan, "Mass Communication in Reverse," International Social Science Bulletin, 5 (1953), pp. 577-583, at p. 578. The full study is W. Buchanan and H. Cantril, How Nations See Each Other, Urbana: University of Illinois Press, 1953, esp. pp. 85-90.

<sup>&</sup>lt;sup>35</sup> Daniel Lerner, The Passing of Traditional Society, Glencoe, Ill.: Free Press, 1958.

<sup>&</sup>lt;sup>36</sup> Ibid., pp. 101–103. See also F. P. Kilpatrick & H. Cantril, "Self-Anchoring Scaling, A Measure of Individuals' Unique Reality Words," Journal of Individual Psychology, 16 (November, 1960), pp. 158–173.

<sup>&</sup>lt;sup>37</sup> See the revised edition of 1952 as reprinted by Vintage Books, Inc., 1957, pp. 264-275.

tension is greater or less than it was N years or months previously.

We need also to know how long is a long cycle of rising expectations and how long is a brief cycle of frustration. We noted a brief period of frustration in Russia after the 1881 assassination of Alexander II and a longer period after the 1904 beginning of the Russo-Japanese War. Why did not the revolution occur at either of these times rather than in 1917? Had expectations before these two times not risen high enough? Had the subsequent decline not been sufficiently sharp and deep? Measuring techniques have not yet been devised to answer these questions. But their unavailability now does not forecast their eternal inaccessibility. Physicists devised useful temperature scales long before they came as close to absolute zero as they have recently in laboratory conditions. The far more complex problems of scaling in social science inescapably are harder to solve.

We therefore are still not at the point of being able to predict revolution, but the closer we can get to data indicating by inference the prevailing mood in a society, the closer we will be to understanding the change from gratification to frustration in people's minds. That is the part of the anatomy, we are forever being told with truth and futility, in which wars and revolutions always start. We should eventually be able to escape the embarrassment that may have come to Lenin six weeks after he made the statement in Switzerland, in January, 1917, that he doubted whether "we, the old [will] live to see the decisive battles of the coming revolution." 38

# MASS SOCIETY AND EXTREMIST POLITICS

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Theories of mass politics attempt to explain the sources of political extremism by characteristics of mass societies. Such theories are criticized on the grounds that they assume adherence to democratic norms under pluralist conditions even when such norms frustrate intensely held values. Mass politics theories ignore the cultural cohesion necessary to sustain democratic politics. Conditions of mass societies also provide support to democratic political norms through the consequences of mass communications, equalitarianism, and bureaucratization for national societies. Isolation from mass culture accentuates local sources of extremist response.

A DOMINANT stream of thought in current political sociology explains many contemporary anti-democratic movements as products of a distinctive social organization—Mass Society. Writers who utilize this approach have maintained that modern, Western societies increasingly show characteristics of mass organization which sharply differ from the features of such societies in the nineteenth and earlier centuries. Mass societies, in this view, demonstrate a form of politics in which traditional sociological concepts, such as class or culture, are not relevant to an understanding of the sources, genesis, or careers of extremist, anti-

democratic political movements. Mass politics is the form of political action unique to mass societies. As modern democratic societies become mass societies, we may then anticipate that political crises are likely to generate extremist, anti-democratic responses. Leading advocates of this theory of "mass politics," in whole or part, are Hannah Arendt, Erich Fromm, Karl Mannheim, William Kornhauser, Robert Nisbet, and Philip Selznick.<sup>1</sup> This paper is a critical

<sup>&</sup>lt;sup>38</sup> Quoted in E. H. Carr, A History of Soviet Russia, vol. 1, The Bolshevik Revolution: 1917– 23, London: Macmillan, 1950, p. 69.

<sup>&</sup>lt;sup>1</sup> The following relevant writings embody the theory of mass politics: Hannah Arendt, *The Origins of Totalitarianism*, New York: Harcourt, Brace and Co., 1954; Erich Fromm, *Escape From*